

# Memory Support Weekly Schedule

## Monday July 15th

- AM Daily Mass <sup>YOUTUBE</sup>
- AM Exercise
- AM Puzzle Pals
- AM Daily Chronicles <sup>AC</sup>
- AM Makeovers
- AM Happy Helpers - Lunch Prep
- Noon Devotions
- AFN Slice & Snack – Apples
- AFN Chit Chats On The Porch
- AFN Root Beer Float Social
- AFN Hand Massages - Aromatherapy
- 3:30 **Scenic Van Ride**
- AFN Manicures - Nail Care
- AFN Outdoor Social & Blowing Bubbles
- 4:30 Rosary <sup>TV</sup>
- AFN Happy Helpers - Supper Prep
- PM Andy Griffith Show <sup>PLUTO</sup>

## Tuesday July 16th

- AM Daily Mass <sup>YouTube</sup>
- AM Staff Lead Exercise
- AM Daily Chronicles
- 9:30 **Exercise with Cindy** <sup>W</sup>
- AM Finish The Line
- AM Happy Helpers - Lunch Prep
- Noon Devotions
- 1:00 **Go To The Movies— Fly Me To The Moon** <sup>Outing \$7.00 ALLO II Movie</sup>
- AFN Music & Instrument Fun
- AFN Shoe Shining
- AFN Lemonade On The Patio
- 3:30 **Van Ride**
- 4:15 **Becky & Mookie Visit**
- 4:45 **Rosary** <sup>CH</sup>
- AFN Happy Helpers - Supper Prep
- PM Happy Helpers - Laundry Folders
- 6:30 **Family Fun Night— Word Puzzles & Ice Cream**
- PM Hot Apple Cider & Dominos
- PM Classic TV Shows: BeWitched <sup>Tubi</sup>

## Wednesday July 17th

- AM Daily Mass <sup>YouTube</sup>
- AM Staff Lead Exercises
- AM Puzzle Pals
- 9:30 **Exercise with Cindy** <sup>W</sup>
- AM Happy Helpers - Lunch Prep
- AM Daily Chronicles <sup>Activity Connection</sup>
- Noon Devotions
- 1:15 **Charlie & Suzie Visit**
- 3:45 **Van Drive**
- AFN Susie Q On YouTube
- AFN Left, Right, Center Game
- AFN Handwashing Crystal & Porcelain
- 4:30 Rosary <sup>DVD</sup>
- AFN Happy Helpers - Supper Prep
- PM Happy Helpers - Laundry Folders
- PM Creating Pairs - Card Game
- PM Classic TV Shows: Gilligan's Island <sup>Tubi</sup>

## Thursday July 18th

- AM Daily Mass <sup>YouTube</sup>
- AM Exercises
- 9:30 **Exercise with Cindy** <sup>W</sup>
- AM Daily Chronicles <sup>Activity Connection</sup>
- AM Happy Helpers - Lunch Prep
- Noon Devotions
- AFN Book Club
- AFN UNO
- AFN Slicing Cheese
- 3:15 **Supper @ Danish Bakery**
- \* Pizza Night In Dannenbrog** <sup>Outing/\$10.00</sup>
- AFN Bingo
- AFN Indoor Corn Hole Game
- 4:30 **Player Piano & Coffee** <sup>CS</sup>
- 4:30 Rosary <sup>DVD</sup>
- AFN Happy Helpers - Supper Prep
- PM Evening Snack: Cheese & Crackers
- PM Take A Walk On The AL Side
- 7:00 Backyard Farmer \*70th Anniversary\* <sup>NET ch.17</sup>

## Friday July 19th

- AM Rosary <sup>DVD</sup>
- AM Exercise
- AM Daily Chronicles
- 9:30 **Exercise with Cindy** <sup>W</sup>
- 10:00 **Morning Ride Around Town**
- AM Happy Helpers - Lunch Prep
- Noon Devotions
- AFN Make & Bake Cookies
- AFN Take A Walk To Get Caramel Popcorn
- 2:00 **Aaron Shoemaker Entertain**
- 3:00 **Meet Katie's Spider "Poe"**
- 3:00 **Pamper Party with The Ladies From The Bridge**
- \* Nail Care & Cookies with Conversation**
- AFN LindiMoo On YouTube
- 4:30 **Catholic Services** <sup>CH</sup>
- AFN Happy Helpers - Supper Prep
- PM Flavored Hot Tea & Book Club
- PM Take A Walk On AL Side
- PM Classic TV Show: Gunsmoke <sup>PlutoTV</sup>



## Saturday July 20th

- AM Daily Mass <sup>YouTube</sup>
- AM Daily Chronicles <sup>Activity Connection</sup>
- AM Lookin' Lovely - Morning Makeovers!
- AM Short Easy Seated Exercises
- AM Happy Helpers - Lunch Prep
- Noon Devotions
- AFN Hangman Word/Brain Game
- AFN Washing The Delicate Dishes
- AFN Polishing The Silver
- AFN Voices Together - Singing Group
- AFN MOVIE: Please Don't Eat The Daisies <sup>TUBI</sup>
- AFN High Low Card Game
- AFN Baking No-Yeast Dinner Rolls
- AFN Cake & Coffee Social
- AFN Balloon Volleyball
- AFN Puzzles Anyone?
- AFN Happy Helpers - Supper Prep
- PM Brain Games
- 6:00 Lawrence Welk <sup>TV Ch.17</sup>
- PM Happy Helpers - Laundry Folders

## Sunday July 21st

- AM Upper Body Relaxation Exercises
- 10:30 First Presbyterian Church Service <sup>FB LIVE</sup>
- AM Daily Chronicles <sup>Activity Connection</sup>
- Noon Devotions
- AFN PLAYING CARD BINGO
- AFN Hymn Sing Along
- AFN Puzzles with Pals
- AFN Oreos & Ice Cream
- AFN Happy Helpers - Sorting Tupperware
- AFN Spiritual Coloring Pages <sup>AC</sup>
- 4:30 Rosary <sup>TV</sup>
- AFN Happy Helpers - Supper Prep
- PM Reminiscing– Memories <sup>YouTube</sup>
- PM Happy Helpers - Laundry Folders
- PM Musical Movie: OKLAHOMA <sup>TUBI</sup>
- PM Warm Tea & Cookies
- Televised Church Services
- 6am Hour of Power (OXYGN ch.49)
- 8:00 Peace Lutheran Church (TV ch.181)
- 9:00 Presbyterian Church Service (TV ch.181)
- 9:30 Catholic Mass (TV ch.5)



All Activities & Times  
Are Subject to Change  
Activities Are Conducted Dependent Of Residents Needs & Wants  
(CH) Chapel (AFN) Afternoon  
(AL) Assisted Living  
(GC) GoldenCarers.com (AC) ActivityConne-

**Happy 80th Birthday Dorothy Emmerich**