

# Memory Support Weekly Schedule

## Monday July 22nd

AM Daily Mass <sup>YOUTUBE</sup>  
 AM Exercise  
 AM Puzzle Pals  
 AM Daily Chronicles <sup>AC</sup>  
 AM Makeovers  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Freezer Pops  
**1-4 Stop @ The Office For A Mango Popsicle!**  
**1:30 LONG Van Ride - Columbus Area**  
 AFN Chit Chats On The Porch  
 AFN Bake Cookies  
 AFN Hand Massages - Aromatherapy  
 AFN Manicures - Nail Care  
 4:30 Rosary <sup>TV</sup>  
**4:00 Player Piano & Coffee <sup>CS</sup>**  
 AFN Happy Helpers - Supper Prep  
 PM Andy Griffith Show <sup>PLUTO</sup>

## Tuesday July 23rd

AM Daily Mass <sup>YouTube</sup>  
 AM Staff Lead Exercise  
 AM Daily Chronicles  
**9:30 Exercise with Cindy <sup>W</sup>**  
 AM Finish The Line  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Bingo  
 AFN Movie: Overboard <sup>TUBI</sup>  
**3:30 Merrymaker Entertainment - Mary Link**  
**Thank You To \*Ellerbrock Norris" Our Sponsors**  
**4:45 Rosary <sup>CH</sup>**  
 AFN Happy Helpers - Supper Prep  
 PM Happy Helpers - Laundry Folders  
**6:30 FAMILY FUN NIGHT**  
 PM Classic TV Shows: Beverly Hillbillies <sup>Tubi</sup>  
**Happy 79th Birthday John Meeske**

## Wednesday July 24th

AM Daily Mass <sup>YouTube</sup>  
 AM Staff Lead Exercises  
 AM Puzzle Pals  
**9:30 Exercise with Cindy <sup>W</sup>**  
 AM Happy Helpers - Lunch Prep  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 Noon Devotions  
 AFN AREO GARDEN  
**1:15 Suzie & Charlie—Fur Friend Visits**  
**2:00 Science With Sarah**  
**3:30 Van Drive – Floats@ Dally's**  
 AFN Aromatherapy-Handwashing Crystal & Porcelain  
 4:30 Rosary <sup>DVD</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Happy Helpers - Laundry Folders  
 PM Creating Pairs - Card Game  
 PM Classic TV Shows: BONANZA <sup>Tubi</sup>

**Personal Shopper Week—Lists Due Wednesday**

## Thursday July 25th

**Turn-In Personal Shopping Lists By 5pm**

AM Daily Mass <sup>YouTube</sup>  
 AM Exercises  
**9:30 Exercise with Cindy <sup>W</sup>**  
**10:00 Good Morning Outing Van Drive**  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Book Club  
 AFN Music & Instrument Fun  
 AFN Make Your Own Sundae  
**3:15 Scenic Van Ride**  
 AFN Indoor Corn Hole Game <sup>DVD</sup>  
 4:30 Rosary <sup>DVD</sup>  
**5:00 MENS SUPPER ~ LOADED CHILI DOGS & BEER**  
 AFN Happy Helpers - Supper Prep  
 PM Take A Walk On The AL Side  
 7:00 Backyard Farmer \*70th Anniversary\* <sup>NET ch.17</sup>

## Friday July 26th

**Personal Shopping Delivered**

AM Rosary <sup>DVD</sup>  
 AM Exercise  
 AM Daily Chronicles  
**9:30 Exercise with Cindy <sup>W</sup>**  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Make & Bake Cookies  
 AFN Take A Walk To Get Caramel Popcorn  
 AFN Fresh Air Conversations  
**12:30-5 OPENING CEREMONY ~ 2024 PARIS OLYMPICS (LIVE) FOX CH.5**  
**AFN Help Deliver Shopping Items**  
**2:00 Dolores Kimminau Entertains**  
 AFN Coffee Milkshakes  
**4:30 Catholic Services <sup>CH</sup>**  
 AFN Happy Helpers - Supper Prep  
 PM Flavored Hot Tea & Book Club  
 PM Take A Walk On AL Side  
 PM Classic TV Show: Gunsmoke <sup>PlutoTV</sup>  
 PM Happy Helpers - Laundry Folders

## Saturday July 27th

AM Daily Mass <sup>YouTube</sup>  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 AM Lookin' Lovely - Morning Makeovers!  
 AM Short Easy Seated Exercises  
 AM Happy Helpers - Lunch Prep  
 Noon Devotions  
 AFN Hangman Word/Brain Game  
 AFN Washing The Delicate Dishes  
 AFN Polishing The Silver  
 AFN Voices Together - Singing Group  
 AFN High Low Card Game  
 AFN Baking No-Yeast Dinner Rolls  
 AFN Western Movie: Support You Local Gunfighter <sup>TUBI</sup>  
 AFN Balloon Volleyball  
 AFN Puzzles Anyone?  
 AFN Happy Helpers - Supper Prep  
 PM Brain Games  
 6:00 Lawrence Welk <sup>TV Ch.17</sup>  
 PM Happy Helpers - Laundry Folders

## Sunday July 28th

AM Upper Body Relaxation Exercises  
 10:30 First Presbyterian Church Service <sup>FB LIVE</sup>  
 AM Daily Chronicles <sup>Activity Connection</sup>  
 Noon Devotions  
 AFN PLAYING CARD BINGO  
 AFN Puzzles with Pals  
 AFN SOCK SORTERS... Matching Fun  
 AFN Happy Helpers - Sorting Tupperware  
 AFN Spiritual Coloring Pages <sup>AC</sup>  
 AFN Chocolate Ice Cream Social  
**3:30 Paul Ramp Entertains**  
 4:30 Rosary <sup>TV</sup>  
 AFN Happy Helpers - Supper Prep  
 PM Reminiscing—Memories <sup>YouTube</sup>  
 PM Happy Helpers - Laundry Folders  
 PM Elvis Movie: Jailhouse Rock <sup>PLUTO</sup>  
 PM Warm Tea & Cookies  
 Televised Church Services  
 6am Hour of Power (OXYGN ch.49)  
 8:00 Peace Lutheran Church (TV ch.181)  
 9:00 Presbyterian Church Service (TV ch.181)  
 9:30 Catholic Mass (TV ch.5)  
 4:00 Saint Marks Episcopal (TV ch.181)

The Heritage  
at College View

All Activities & Times  
Are Subject to Change  
Activities Are Conducted Dependent Of Residents Needs & Wants  
(CH) Chapel (AFN) Afternoon  
(AL) Assisted Living  
(GC) GoldenCarers.com (AC) ActivityConnection.com