

The Heritage at Shalimar Gardens

Shalimar Gardens Assisted Living Weekly Activity Calendar July 2024

Monday July. 15, 2024

- 10:00 Stretch & Bend Exercise Class (C)
- 10:45 Wheel of Fortune on the Wii (C)
- 1:15 Jesus Calling Devotional Readings (F-1st)
- 1:30 BINGO– Reminder: Bring your Dauber! (D)
- 2:15 Ice Cream Social- “Sundaes w/ Syrup!” (D)
- 2:30 BoomWackers– (C)
- 3:00 Let’s Shoot Some Pool with Pat (2nd SE Corner)
- 3:25 FREE Eye Glass Cleaning (I)
- 3:30-4:00 Let’s Play Rummikub (I)

Friday July. 19, 2024

- 10:00 Stretch & Bend Exercise Class (C)
- 10:45 Current Events with Cheri (F-1st)
- 1:00 Jesus Calling Devotional Readings (F-1st)
- 1:15 Shalimar Bell Choir Practice (I)
- 2:00 Universal Yums (D)
- All About- “The Baltics”
History, Fun Facts, Trivia & Ethnic Snacks
- 3:15 Balloon Volleyball (FE)

Tuesday July. 16, 2024

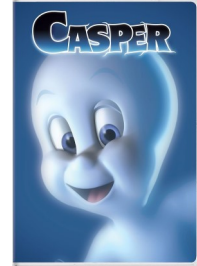
HAPPY BIRTHDAY ELEANOR HARMON!!!

- 10:00 Stretch & Bend Exercise Class (C)
- 10:30 Americas Most Scenic Drive (C)
- 10:45 A Trip to West Point– Lunch at the Pizza Ranch & A look at the Veterans Memorial!
- 2:45 Scatter Joy Acres– Animal of the Month (F-1st)
- 3:15 Crafts- “Tropical Hanging Parrot”
- 3:30 Redeemer Lutheran Service on Ch. 901
- 3:45 Walking Club– Come Walk a Lap or 2 (F-1st)

Saturday July. 20, 2024

- 9:00 Independent Word Puzzles
Available in the Coffee Shop!
- 10:00 Calling all Pitch Players–
Let’s Play Cards (I)

- 1:30 Watch A Movie on
Ch. 901-
“Casper”



Wednesday. July. 17, 2024

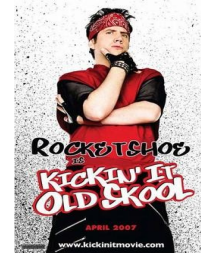
HAPPY BIRTHDAY BARB LOOCK!!!

- 10:00 Stretch & Bend Exercise Class (C)
- 10:45-11:20 Sing-A-Long with Ann at the Piano (FE)
- 11:30 Trivia Challenge at the Table (D)
- 1:15 Jesus Calling Devotional Readings (F-1st)
- 1:30 GIANT Crossword Puzzle (D)
- 2:15 KENO– Bring your Highlighters! (D)
- 2:45 Moms Popcorn Summer Sampling (I)
- 3:30-4:00 Book Club- “I survived the Attacks of 9-11”

Sunday July. 21, 2024

- 8:30 Salem Lutheran Church On 98.9fm/1340am
- 9:00 First United Methodist on105.5fm
- 9:30 & 10:30am Trinity Lutheran on 98.9/1340
- 10:00 St. Patrick’s Catholic on105.5
- 11:00 First Lutheran of Fremont 89.9fm/1340am
Communion for Catholics– Gail will stop by your Apt!

- 1:30 Watch a Movie on
Ch. 901-
“Kicking It Old School”



Thursday. July. 18, 2024

- 10:00 Stretch & Bend Exercise Class (C)
- 10:40 St. Paul's Lutheran Service on Ch. 901
- 10:45 Creating Words in Words (I)
- 1:15 Jesus Calling Devotional Readings (F-1st)
- 1:30 Show & Share A Special Memory (F-1st)
- 2:15 Horse Racing– Bring 5 Nickels (C)
- 3:15-3:45 Happy Hour– Come Enjoy a Drink or
Two with Family & Friends! (D)

1-on-1 Snapshots activities weekly
Individualized times may vary!

Activity Locations

- A-Activity Room
- C- Community Rm
- D-Dining Room
- F-1-Fireplace (1st)
- F-2 Fireplace (2nd)
- FE- Front Entry
- I- Coffee Shop
- L-Library
- P- Pool Room

COLOR CODES

- COUNTRY STORE
- BUS TRIP/LUNCH
- Entertainment OR:
- Outside Vendor
- KENO / BINGO
- RELIGIOUS SERVICES