





Monday, September 9th

8:00 Breakfast 9:00 Daily Chronicles & Today in History 10:00 Morning Exercise 10:30 AM Snack & Hydration 11:00 Cards



1:00 Walking Club 2:00 Life Stations 2:30 Music with Alexa:

Eartha Kitt

3:00 PM Snack & Hydration 3:30 BINGO 6:00 Plant Watering

Friday, September 13th

8:00 Breakfast 9:00 Daily Chronicles & Today in History 10:00 Morning Exercise 10:30 AM Snack & Hydration 11:00 Baking Club



1:00 Travel Video: **Germany**2:00 PM Stretching and Exercise
2:30 **Craft Corner**3:00 PM Snack & Hydration
3:30 Cards
6:00 Plant Watering
6:15 Popcorn & Movie Night:

Netflix Pick

Tuesday, September 10th

8:00 Breakfast
9:00 Daily Chronicles &
Today in History
10:00 Morning Exercise
10:30 AM Snack & Hydration
11:00 Baking Club



1:15 Hand Massages & Manicures 2:00 PM Movement and Exercise 2:30 Word Puzzles & Trivia 3:15 PM Snack & Hydration on the Patio

6:00 Plant Watering 7:30 Sleepy Time Tea

Saturday, September 14th

8:00 Breakfast 9:00 Daily Chronicles & Today in History 10:00 Morning Exercise 10:30 AM Snack & Hydration 11:00 Cards



1:15 Putting on the
Patio
2:00 PM Movement & Exercise
2:30 CLEANING:

(Resident Closet 8 & 9)

3:00 PM Snack & Hydration
3:30 Hand Massages & Manicures
6:00 Plant Watering
6:15 Easy Listening Music
7:30 Game Shows

Wednesday, September

11th

8:00 Breakfast 10:00-11:45 **Scenic Drive**



1:15 PM Movement and Exercise 1:45 Craft Corner 3:00 PM Snack & Hydration 3:45 Life Stations 6:00 Plant Watering 6:45 Chit Chat on the Patio 7:30 Easy Listening Music

Sunday, September 15th

8:00 Breakfast 10:00 Morning Exercise 10:30 Mass on TV-Channel 9 11:00 Hymn Sing-A-Long



1:00 Puzzles & Cards 2:00 CLEANING:

(Resident Closet 10 & 11)

3:00 PM Snack & Hydration 3:30 Life Stations 6:15 Game Shows 6:00 Plant Watering 7:30 Lawrence Welk

Thursday, September 12th

8:00 Breakfast 9:00 Daily Chronicles & Today in History 10:00 Morning Exercise 10:30 AM Snack & Hydration 10:45 Craft Corner 11:00 Pet Therapy with Bella



1:15 PM Movement and Exercise 1:45 Animal Talk: Zebras

2:30 Hand Massages & Manicures

3:00 PM Snack & Hydration 3:30 Word Puzzles & Trivia 6:00 Plant Watering 6:15 Life Stations 7:30 Easy Listening Music

